

# 16<sup>TH</sup> JOHN D. LOESER PAIN CONFERENCE

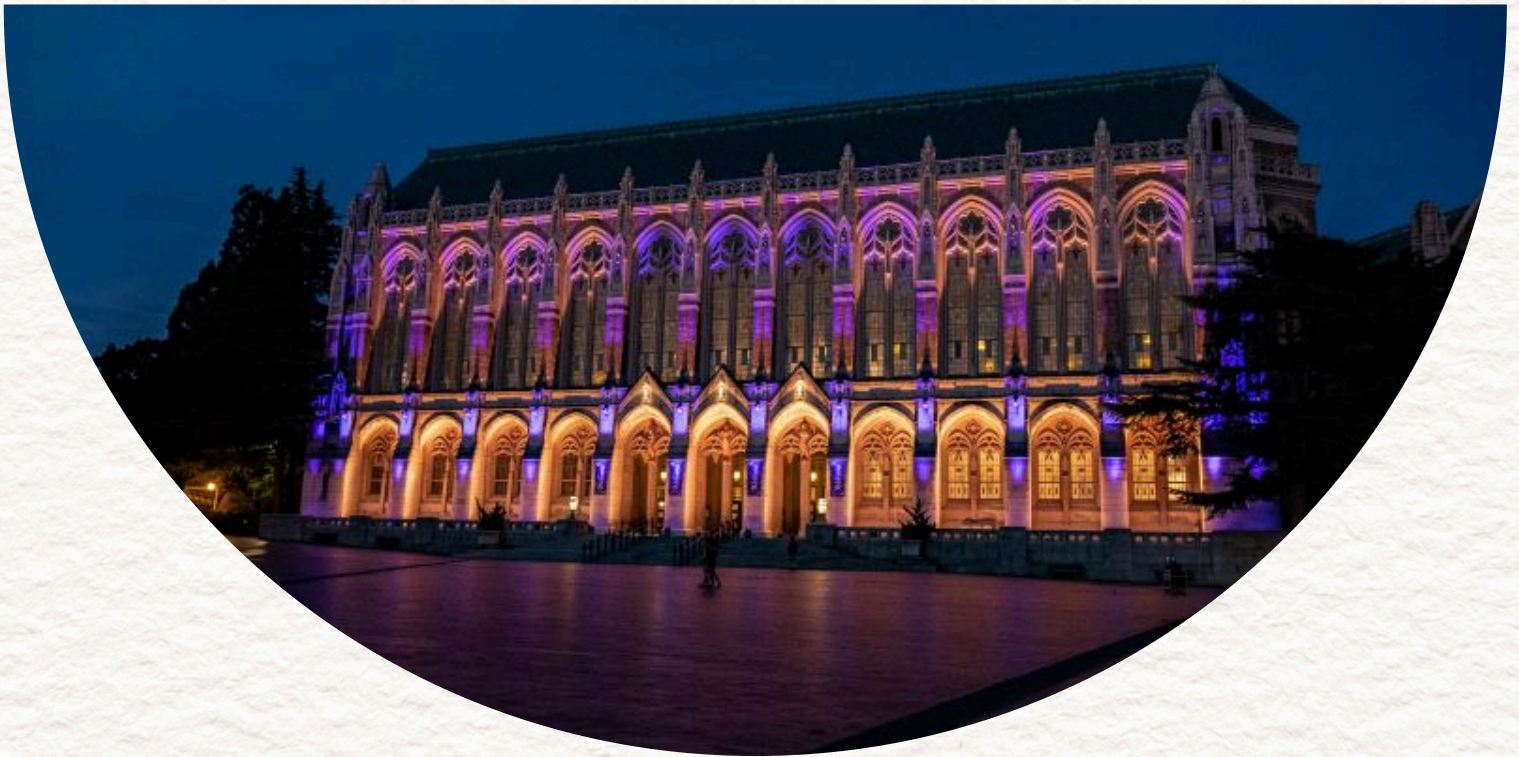
Friday - October 30, 2026

In-Person

University of Washington | Tower Auditorium

4333 Brooklyn Ave NE

Seattle, WA 98195



UW Medicine

UNIVERSITY OF WASHINGTON  
SCHOOL OF MEDICINE

ANESTHESIOLOGY  
& PAIN MEDICINE

INTERPROFESSIONAL  
CONTINUING EDUCATION OFFICE

## TARGET AUDIENCE

The 16<sup>th</sup> John D. Loeser Pain Conference has been designed by a committee of healthcare clinicians for all healthcare professionals involved in pain management and patient care.

## COURSE DESCRIPTION

This conference focuses on the practical approaches to clinical and non-clinical management of common chronic pain conditions. Some of the topics include fibromyalgia management, difficult pain conversations, pain psychology, and integrative approaches to pain. In addition, the faculty will provide updates on proposed changes to WA opioid prescribing rules, buprenorphine use, migraine management, and more.

## COURSE OBJECTIVES

- Apply current evidence-based guidelines and Washington State regulations to optimize the ability of healthcare teams to provide safe and effective opioid prescribing, tapering, and monitoring in patients with acute and chronic pain.
- Demonstrate how to appropriately integrate buprenorphine into pain management plans for healthcare teams, including appropriate patient selection, initiation strategies, and ongoing management in primary care settings.
- Implement multimodal, non-opioid pain management strategies, to support healthcare teams, including pharmacologic and non-pharmacologic therapies (e.g., acupuncture, physical therapy, and integrative approaches), tailored to individual patient needs.
- Utilize evidence-based diagnostic and treatment approaches for common chronic pain conditions such as migraine and fibromyalgia in primary care practice.
- Demonstrate effective communication strategies, including motivational interviewing and shared decision-making, to aid healthcare teams in addressing challenging pain conversations and aligning treatment plans with patient goals.
- Incorporate behavioral health and pain psychology principles, including use of digital tools and referral resources, to support healthcare teams in providing holistic, biopsychosocial pain management.

- Collaborate effectively with interprofessional team members to coordinate comprehensive pain care, overcoming common barriers such as limited time, access, and resource constraints.
- Apply case-based clinical reasoning to aid healthcare teams in managing complex patients with chronic pain, including those with comorbid mental health conditions or substance use concerns, in real-world primary care settings.

## ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees.

## FEES AND REGISTRATION

To enroll, please register online on the [conference webpage](#).

Interprofessional Continuing Education (IPCE) at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of credits, course logistics, food and beverage, and staff salaries.

If you have not received confirmation prior to the course start, please contact the IPCE office at [ipce@uw.edu](mailto:ipce@uw.edu). IPCE will not be responsible for expenses incurred by an individual who is not confirmed.

Registration	Pricing
All Learners	\$250
*Resident/Fellow/Student	\$175
Non-Exhibiting Industry Professional	\$450

*\*Resident/Fellow/Student rates require written confirmation of current Resident/Fellow/Student status. Failure to provide current documentation will result in a higher rate applied to your registration.*

Registration rates increase by \$25 effective October 17, 2026.

## ACCREDITATION

**Accreditation:** In support of improving patient care, The University of Washington School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

**Credit Designation:** The University of Washington School of Medicine designates this live with extended viewing activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Washington School of Medicine designates this activity for a maximum of **7.25 ANCC** contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

The University of Washington School of Medicine designates this activity for **7.25 ACPE** contact hour(s). Pharmacists and pharmacy technicians should claim only the credit commensurate with the extent of their participation in the activity. Credit will be uploaded to the NABP CPE Monitor® within 60 days after the activity completion. Per ACPE rules, the University of Washington School of Medicine does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information (NABP ID and DOB (MMDD)) to receive credit.

Universal Activity Numbers:

UAN JA0000336-0000-26-008-L08-P

UAN JA0000336-0000-26-008-L08-T

This activity was planned by and for the healthcare team, and learners will receive a maximum of **7.25** Interprofessional Continuing Education (IPCE) credits for learning and change.

## ONLINE PRESENTATIONS AND MATERIALS

Instruction materials will be available online at [uwcme.org](http://uwcme.org) (for conference registrants only). Materials will be available starting on **October 17, 2026**, for registrants to print and/or download. A digital booklet with the conference agenda and pages for note-taking will be uploaded with the course materials.

## CANCELLATION POLICY

The IPCE Office must receive written notification of your cancellation by **October 16, 2026**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after **October 16, 2026**.

The IPCE Office reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred. Contact the IPCE team with questions call 206.543.1050, fax 206.221.4525, or email [ipce@uw.edu](mailto:ipce@uw.edu).

## SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY

206.685.7264/Fax • e-mail: [dso@uw.edu](mailto:dso@uw.edu)

## CHILDCARE POLICY/LACTATION SERVICES

In consideration of other participants and speakers, please do not bring infants/children into conference sessions. Please inform the IPCE Office by **October 16, 2026**, if you will need to utilize lactation services.

## DIETARY REQUESTS

UW IPCE takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

If you have dietary restrictions (e.g., vegan, gluten-free, etc.), send an email to [ipce@uw.edu](mailto:ipce@uw.edu) by **October 16, 2026**. We may be unable to fulfill requests after this date.

## FUN IN SEATTLE

While you are in the area, explore a number of Seattle experiences, including:

- Riding the ferry across to Bainbridge Island for a day of fun
- Visiting Pike Place Market and exploring the Seattle Waterfront
- Enjoying the sights and visiting the iconic Space Needle



## ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please contact the hotels directly.



### Graduate Hotel

4507 Brooklyn Ave NE  
Seattle, WA 98105  
206.634.2000

[www.graduatehotels.com](http://www.graduatehotels.com)



### Residence Inn by Marriott

4501 12th Ave NE  
Seattle, WA 98105  
206.322.8887

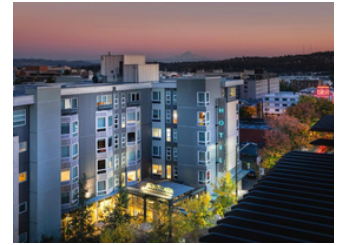
[www.marriott.com](http://www.marriott.com)



### Silver Cloud Inn

5036 25th Ave NE  
Seattle, WA 98105  
206.526.5200 or 800.205.6940

[www.silvercloud.com](http://www.silvercloud.com)



### Watertown Hotel

4242 Roosevelt Way NE  
Seattle, WA 98105  
206.826.4242 or 888.944.4242

[www.staypineapple.com](http://www.staypineapple.com)

# Course Faculty

## COURSE CHAIRS



**Wenyu Pan, MD**  
Assistant Professor  
Department of Anesthesiology  
& Pain Medicine



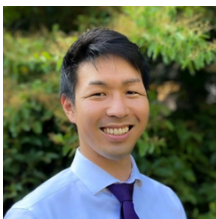
**Rebecca Dale, DO**  
Associate Professor  
Department of Anesthesiology  
& Pain Medicine  
Director, Pain Medicine Fellowship

## JOHN D. LOESER, MD



*"A New Way of Thinking  
About Pain"*

## PLANNING COMMITTEE



**Satoru Ito, PharmD, BCPS**  
Clinical Pharmacist  
UW Medicine



**Cara Towle, RN, MSN**  
Manager Of Program Operations  
Behavioral Health Institute  
Program Director, Behavioral  
Health Training  
Harborview Medical Center

**John D. Loeser, MD**  
Professor Emeritus  
Department of Anesthesiology  
& Pain Medicine  
Department of Neurological Surgery

## VISITING FACULTY



*"Ethics in Pain and  
Symptom Management"*

## COURSE FACULTY

**Ami Cuneo, MD**  
Assistant Professor  
Department of Neurology

**Coninyah Dew, DACHM, L.Ac.**  
Acupuncturist  
VA Puget Sound Healthcare System

**Gary Franklin, MD, MPH**  
Research Professor  
Department of Environmental and  
Occupational Health Sciences  
Director, Occupational  
Epidemiology and Health  
Outcomes Program

**Lucinda Grande, MD**  
Assistant Professor  
Department of Family Medicine

**Natalia Murinova, MD, MHA**  
Clinical Professor  
Director, UW Medicine  
Headache Center  
Department of Neurology

**Tasha Parman, DPT**  
Physical Therapist  
Department of Anesthesiology  
& Pain Medicine

**Rosanne Sheinberg, MD, ABoIM**  
Associate Professor  
Department of Anesthesiology  
& Pain Medicine  
Gunn-Loke Endowed Professor  
of Integrative Pain  
Director, Integrative Pain Medicine  
Director, Resident Wellness

**Larry Driver, MD**  
Professor  
Department of Pain Medicine  
Program Director,  
Pain Medicine Fellowship  
Professor/Adjunct Ethicist,  
Clinical Ethics Consultation  
University of Texas  
M. D. Anderson Cancer Center



# Friday - October 10, 2026

- 7:50** Welcome and Introduction | *Rebecca Dale, DO & Wenyu Pen, MD*
- 8:00** A New Way of Thinking About Pain | *John D. Loeser, MD*
- 8:15** Ethics in Pain and Symptom Management | *Larry Driver, MD*
- 8:45** Proposed Changes to WA Opioid Prescribing Rules and State Opioid Legislation Updates | *Gary Franklin, MD, MPH*
- 9:15** Buprenorphine for Pain: Practical Prescribing Pearls | *Lucinda Grande, MD*
- 10:00** Q&A Panel | *Larry Driver, MD, Gary Franklin, MD, MPH, and Lucinda Grande, MD*
- 10:15** **BREAK**
- 10:45** Migraine Management in 2026: New Medications and Practical Primary Care Approaches | *Ami Cuneo, MD and Natalia Murinova, MD, MHA*
- 11:30** Fibromyalgia: Evidence-Based Diagnosis and Management | *TBD*
- 12:00** Q&A Panel | *Ami Cuneo, MD, Natalia Murinova, MD, MHA, and TBD*
- 12:10** **LUNCH**
- 1:00** Acupuncture | *Coninyah Dew, DACHM, L.Ac.*
- 1:30** Integrative Approaches to Pain | *Rosanne Sheinberg, MD, ABoIM*
- 2:00** Physical Therapy for Pain Control: What It Does, Why It Works, and When to Refer | *Tasha Parman, DPT*
- 2:30** Q&A Panel | *Coninyah Dew, DACHM, L.Ac., Rosanne Sheinberg, MD, ABoIM, and Tasha Parman, DPT*
- 2:45** **BREAK**
- 3:15** Difficult Pain Conversations and Motivational Interviewing | *TBD*
- 4:15** Pain Psychology for Primary Care: Digital Tools, Apps, and Referral Resources | *TBD*
- 5:00** Q&A Panel | *TBD and TBD*
- 5:15** **ADJOURN**